

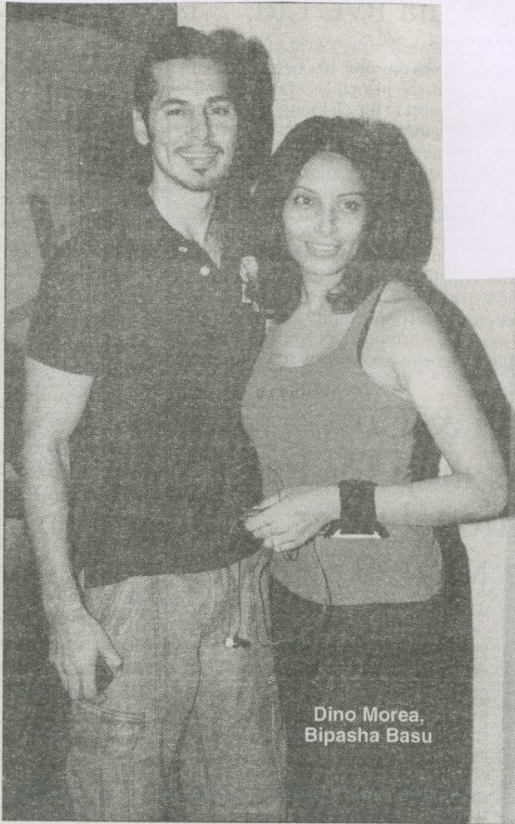
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GOLD'S GYM

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GYM AND TONIC

The dimpled Dino Morea and the dusky beauty Bipasha Basu were seen at **Gold's Gym** in **Bandra**. They were there to meet the six-time winner of the Mr. Olympia title **Dorian Yates** who was there at the gym to interact with the members and share his fitness and body building tips. He also awarded fitness certificates to winners of a fitness challenge. **Ila Arun** was beaming as she was declared winner of the **Fifty Years** fitness challenge. Also shining was her daughter **Ishita Arun** who is also a member of the gym. **Dino Morea** was heard saying that it was great to meet a fitness icon like **Dorian** who is an inspiration for all the members to strive towards high fitness levels. **Althea Shah, GM - Operations of the gym** said they had decided to host **Yates** to provide a morale booster for the members and also to showcase the results of a disciplined fitness and exercise regimen. You learnt that **Dorian** among the biggies of professional bodybuilders in the world and that his nickname is 'Shadow'. **Mr. Olympia** is an international bodybuilding competition held annually by the **International Federation of Body Builders (IFBB)**. Wellness and fitness was in the air as **Dorian Yates** was given a tour of the gym that included a rock-climbing wall.



Dino Morea,
Bipasha Basu