



**Kiran Prakash (left)  
and Rooma Sekhri**



**(From left) Nitin Mukesh, Kiran  
Prakash and Neil Nitin Mukesh**



## A FRESH START WITH FITNESS

Gold's Gym India, the master franchise of Gold's Gym International, launched its new fitness Centre at Dayanand Vihar in Delhi. With the latest world class equipment including treadmills, stepmills, cross trainers and a separate strength-training section, there is nothing for anyone not to lose that extra flab. The best part is that it also has a spa with saunas, lockers and relaxing massages. This state-of-the-art fitness centre was launched by Bollywood actor Neil Nitin Mukesh. The launch was also attended by singer Rooma Sekhri, Model Jyoti Popli, Kiran Prakash from 29 HKV, Vandana and jewellery designer Preeti Jain.